

Food Culture in Brazil – A Wealthy Supply Due to Bountiful Nature and Human Creativity

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Summary

Brazil is generally classified into the third world according to its economy and infrastructure, but Brazilian levels of cultural sophistication differ very much with the region. People living in a metropolis have a modern lifestyle, while native tribes such as the Indio still lead a relatively primitive existence. With regard to lifestyle factors, including the diet, there is great variation, but whatever the level of sophistication is, all people can enjoy ample food. The fertile ground and a suitable climate for crops plants and farm products, mixed with various cultures brought by immigrants from around the world, has given rise to current flourishing unique Brazilian food culture. Moreover, with an abundant supply of novel foodstuffs and flexible ideas, Brazilians have changed foreign dishes to generate an original and unusual Brazilian cuisine. Due to the combination of these multiple factors, Brazil has become a world class gourmet country.